Reflection 6       Name: \_\_\_Abishek Chudal\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_                      Total Points\_100\_\_\_\_

5 pts Questions**(50 points)**

1. What did I do to prepare for this week?

Ans: To prepare for this week I went through preparation section.

2. What concept from this week are you uncertain of our would like to know more about?

Ans: I would love to know more about user manual and importance of it.

3. What topics were studied this week, and what are their definitions?

Ans: We learned about User manual and motivation which is an important trait to develop no matter what your career level is.

4. What phase of your projects did you complete?

Ans: There was no certain project, but we did some classroom discussion and made a use manual.

5. Summarize this week’s scenario?

Ans: In this week we learned about user manual and motivation.

6. What did I learn from the study material?

Ans: From the study material I learned about user manual and how can we be good in every sector by being discipline.

7. Where did you put your assignments in GitHub?

Ans: I put my assignment in my repository in the file name Technical Teamwork.

8. What did I learn from the study material?

Ans: From the study material of this week three I learned about how to be motivated, about user manual, its importance and the power of every small thing.

9. How did this week scenario relate to the week’s topic?

Ans: In this week we learned to make user manual which is a prime example of being motivated towards life and career which is exactly this topic

10. Why is this week’s topic importance?

Ans: This week topic is very important because it teaches us about user manual.

**# 10 pts Questions (30 points)**

1. Write a SMART goal for next week?

Ans: I have made myself some SMART goal for next week. I'll try to put on some muscle so that I can spend more time working out. And in order to keep up with my studies, I'll cut back on my sleep time. I'll start meditating to keep my mind sharp and clear. I'll cut back on spending on things like groceries and game points. I'm going to try to drink more water. Additionally, I'll meet with my professors during class hours to improve how I study.

2. What is the most significant take-a-way you have gained from your study this week?

Ans: I have learned many important things from this week. After this week I have started to wake up early in the morning and started to make my own bed and clean my room. AS I have learned about user manual in this week I am practicing to make my own user manual and also to be motivated in my life also I learned how to impact by myself in my team and out project. I started to take an online class for self-improvement and to for my career preparation.

3. What would you do differently next week?

For the coming week, I'll make some changes. When I get out of bed early in the morning, I'll start making my bed. For an hour before and after going to bed, I won't use my phone or other devices. I'll try to construct a solid a connection to people. I'll begin networking and visit all the job fairs. I'll keep my bedroom tidy. Additionally, I will think and learn from prior mistakes

**# 20 pts Question (20 points)**

1. How do you plan on contributing to the teams, besides completing your tasks?

Ans: Besides completing my task followings are the plan that I would contribute my team. I will listen to my teammates properly, I will communicate with the team as more as possible Also, I will look my past mistakes and lesson I learned to reflect it in my present project and I will ask the question to know more about any of the things which I am confused or can help to the team project I will collaborate with my teammates to know how I can contribute to them.